

ABSTRACT

Present study investigated the relationship between religious education and Interpersonal Relationships, Prosocial Behavior and Peace of Mind. A purposive sample of 100 participants of a religious educational program was compared with a sample of 160 who never participate in any such religious educational program. A newly developed rating scale IPPRS (Interpersonal Relationships, Prosocial Behavior, and Peace of Mind Rating Scale) was used to rate participants and Non- participants on Interpersonal Relationships, Prosocial Behavior and Peace of Mind. The Reliability and Validity of the scale was determined by Pilot study (N=20). The main study (N=260) also confirmed that IPPRS had acceptable reliability and Validity to be used on Pakistani Muslims. Present study showed that amount of Religious Education was positively associated with Prosocial Behavior of the participants but not with Interpersonal Relationships. Duration of involvement was positively associated with Interpersonal Relationships of the participants. Peace of Mind was found to be greater in all the participants, irrespective of duration of involvement and amount of religious education. There was a significant difference in Interpersonal Relationships, Prosocial Behavior and Peace of Mind between both the groups.