

Abstract

The current investigation was a cross-sectional survey which was aimed to examine the relationship among co-workers' support and lifestyle during covid-19 among healthcare professionals. Furthermore, the study also aimed to explore the mediating role of job value, work-life balance and motivation to work. The sample size of this investigation comprised 210 doctors. Social Support Questionnaire (O' Driscoll), COVID-19 Questionnaire ([Kumari et al., 2020](#)), Job Value Questionnaire (Johnson, 2001), Work-Life Balance Questionnaire ([Brough et al., 2014](#)) and Work Extrinsic and Intrinsic Motivation Questionnaire (Tremblay et al., 2009) were applied in current survey to measure the variables. Pearson Correlation, Linear Regression and Mediation analysis through SPSS version-22 were applied to test the present investigation hypotheses. Findings revealed that co-workers' support was significantly positively and moderately correlated with lifestyle during covid-19, job value and motivation to work. Besides this co-worker' support was significantly positively and highly correlated with work-life balance. Linear regression analysis indicated that co-workers' support positively and significantly predicted the lifestyle during covid-19. Present study outcome also depicted that job value and work-life balance positively and significantly mediated the association between co-workers' support and lifestyle during covid-19. However, motivation to work shows no intervening role between the association of co-workers' support and lifestyle during covid-19. Furthermore, results also depicted that female employees are high on co-workers' support and work-life balance and male employees are high on job value. Findings also explored that employees of separate family system are high on co-workers' support and work-life balance. Also explored that single, widow, separated and divorced employees are high on job value and only widow employees are greater on work-life balance. The study is an important addition in the existing body of literature on the intervening positive role of both job value and work-life balance. However, current study also discussed the primary limitations along with practical implications and suggestions.

Keywords: Co-workers' support, lifestyle during covid-19, job value, work-life balance, motivation to work.