Abstract

The present research was conducted to find out the role of religiosity and social support in developing post traumatic growth among acid burn victims. The objective of the study was to find out the relationship between religiosity, social support and post traumatic growth and to explore lived experiences of acid burn victims and factors that led to develop post traumatic growth. Mixed method technique was used for this purpose. In study I Purposive sample of 56 acid burn victims were taken with an age range of 20 to 40 years (M= 28, SD = 5.2). Reliance on God's Help scale (Büssing, Recchia & Baumann, 2015), Perceived multidimensionality social support scale (Zimet, 1988) and Posttraumatic Growth Inventory-SF (PTGI; Tedeschi & Calhoun 1996) were used. Descriptive statistics, Pearson product moment correlation and hierarchal regression were used to analyze the data. Results of study I indicated that there was a positive correlation between religiosity, family support, significant other support and post traumatic growth and its subtypes but friend support was found no relation with religiosity and post traumatic growth. Similarly study II qualitative also supported the findings of study I. Sample of four acid burn victim (N=4) were taken. Semi structured interview was conducted with participant. The data was analyzed thorough IPA. Six major super ordinate themes was extracted; precipitating factors of acid burn attack, traumatic experience and its bio-psycho-social effects, reliance on God and social support as coping strategy, post traumatic growth and psycho-social risk factor. This study could be a great help for clinical psychologist to make therapeutic strategies by understanding factors that play role in developing positive changes.

Keywords: Reliance on God, social support, Positive changes