Abstract

The aim of the current study was to explore the relationship between marital satisfaction, job satisfaction, emotional well-being and life satisfaction among working women. Marital satisfaction has been considered as an essential element for personal growth and as well as successful family life. On the other hand, the role of the women has now been changed and they are more prone towards making their carrier. This study is going to explore whether the job satisfaction and marital satisfaction of working women are interlinked or not. The study has been conducted on the women who have been working in the private and government teaching sectors. Cross-sectional research design was used in the proposed study and sampling strategy was purposive. Sample size of the proposed research was (N = 250). The participants filled the demographic questionnaires along with the standardized scales, Marital Satisfaction Scale, Job Satisfaction Scale, Satisfaction with Life Scale and, Warwick Edinburgh Mental Well-Being Scale. The proposed statistical analysis includes descriptive analysis, Pearson product moment correlation and mediation. The results revealed that there is a significant relationship between marital satisfaction, job satisfaction, mental well-being and life satisfaction of working women. Moreover, job satisfaction and marital satisfaction is likely to predict emotional well-being. Job satisfaction is also significantly predicting satisfaction with life but job satisfaction is not a significant predictor of marital satisfaction. The analysis of mediation, job satisfaction as a mediator has shown the partial mediation. The results have shown that women who are satisfied with their jobs and marriage are tend to have positive emotional well-being.

Keywords: marital satisfaction, job satisfaction, women, life satisfaction