Nawal El Saadawi is an eminent feminist writer of Arab. Her literary oeuvre holds a voice against women's oppression. This research intends to analyze the autobiographies of Nawal El Saadawi to trace the impacts of her experiences with social institutions in framing her feminist narrative. The undertaken analysis draws an understanding of the role of social institutions in perpetuating patriarchy and oppression of women. The specific theoretical concepts of Louis Althusser, Michelle Barrett and Kate Millett have been employed to understand the social ideologies in which El Saadawi's texts emerge. The study of her autobiographies uncovers her interaction with prevailing ideologies of social institutions and how she responded back. Her experiences narrated in autobiographies help to trace the construction of her feminist narrative by looking into her material conditions in which she produced her literary works. This study opens broader perspectives of finding ways to abolish the oppressive norms and traditions, establishing independent and free institutes and methods to form a balanced society to contribute to future research on similar topics.