Abstract:

The skin is an important organ for us especially the skin of the feet as the feet bear our weight and help us to walk. Foot infections make us unable to walk for example severe cracks of heels causes unadorned pain. Traditional medicine sysytem is effective tool for the treatment of foot cracks in the parallel of allopathic medicine system. Extraction of Ficus glomerata, Ficus religiosa and Moringa oleifera has antimicrobial activity and can be used in the formulation of multiherb foot care cream and growth of these plants is rich in Punjab, Pakistan. Extraction of these plants is carried by decoction and Soxhlet methods. Different percentage of extraction and cream base were used in formulation to prapare different standards of creams. After this, formulated cream was evaluated as physical, chemical and subjective. Thermal stablity and irritation test were checked. Atomic absorption spectrometer was used for determination of heavy metals and no heavy metal was detected except Zn and Fe. Zn has wound healing activity. Subjective evaluation results were suitable without any adverse effects.