

ABSTRACT

The present study was conducted to study the views of married couples about their degree of understanding with their spouses. The main objective of this research was to predict how much couples have degree of understanding , on gender basis who are more satisfied and have higher understanding level with their spouses either males or females and which type of marriages are more successful in our society, loved or arranged. It was understood that gender differences in marital relation will significantly determine degree of understanding between couples. As Pakistan is an Islamic country so there is a fewer trends of love marriages as it is not assumed a good thing but in spite of this thought still some ratio of these type of marriages exists and with this low tendency love marriages mostly failed as compared to arranged marriages . The universe for the present study was consisted of the Lahore, Punjab. By using a statistical formula a sample of 301 was selected. Simple Random sampling technique was used to collect the data, in which 111 individuals and 95 were couples. Face to face survey was used as a tool of data collection the instrument used for data collection was a questionnaire. The minimum duration of their marriages was taken not more than ten years and whole sample were completed with in three to four months March'16 to june'16.Both descriptive and inferential statistics were used to represent the data. Tabular form, bar charts and scatter diagrams were used to represent our findings. Multiple Liner Regression analysis illustrate that Gender, Choice Matched, Best Habit, Respondent Helping Nature, Money Spending, Ideal spouse, Marriage Relation, Physical Relation, Spouse Music, Spouse Outing, Home Area, Spouse Job Status, Respondent Job Status, Respondent like Poetry, Respondent love Music, Respondent Surprise Participation, Respondent Events Remembrance, Respondent use medicine(explanatory variable) in marital relationship significantly determine degree of understanding among couples (response Variable) . All finding and analysis were computed by using SPSS packages.