

ABSTRACT

This research is designed to find the effects of urbanization on health in the city of Lahore, Punjab. Urbanization is the name of a process in which cities grow because of economic development and industrialization by creating specialization in different urban related sectors like division of labour and human behaviour. This research is based on primary data, that was collected through online questionnaire and 266 sample size preferred using Cochran's Formula, and Convenience sampling(Non-Probability) technique have been used for collection of data. Descriptive statistics and demographic statistics are used for results. Results have been generated from the data of people residing in urban area of Lahore, Punjab. People living in Lahore are facing health issues i.e. deterioration of health, unclean water, air pollution, emotional health issues and beside health low income and no savings issues so, emotional stress too. Government should take these things seriously in city's master plans in future Years. Government should provide quality education, broaden roads to avoid accidents, introduce environment friendly vehicles etc.

Key words: Urbanization, Health, Convenience Sampling