This study investigates the phenomenon of resilience in athletes during their game in our culture. Initially, the phenomenon of resilience was explored from coaches and players from a semi structured interview. The main study was conducted on 150 student athletes who were playing on district and national level. The players were given the four scales for administration, developed Resilience Scale for Athletes, Adult Attachment Questionnaire, Interpersonal Relations Scale and for establishing concurrent validity Indigenous Resilience Scale for Rescue 1122 was given to athletes. Results showed that there is not any significance relation of the attachment patterns with the resilience of athletes particularly during their game. But, athlete’s interpersonal relation with their coaches shows great deal of significance in establishing the resilience of athletes during their game. The results were discussed in the cultural context.