ABSTRACT

The current study was undertaken to explore the performance-impeding problems faced by student athletes. For this purpose, two scales were developed, one each for male and female student athletes. The Athlete Problem Checklist for Males (APCM) was developed on 117 athletes, while the Athlete Problem Checklist for Females (APCF) was developed on 42 athletes. Factor analysis revealed two factors for APCM, entitled “Lack of Support” and “Lack of Cohesion”, while the two factors for APCF were entitled “Lack of Support” and “Lack of Control”. Scores from these scales demonstrated acceptable internal consistency, test-retest reliability and split-half reliability.