ABSTRACT

The present research was designed to explore the patterns of bullying behaviors prevalent amongst the mainstream school children in our culture. Moreover, the aim was to investigate the impact of bullying behavior on the self esteem and mental health problems of the victims. Further, the parent child relationships were also explored with reference to bullying. The scale of bullying was indigenously developed for the assessment purpose. Sample of the main study consisted of boys (48%) and girls (52%). The factor structure of the scale was established and psychometric properties were also developed. The factor structure revealed a three factor solution namely Emotional Bullying, Physical Bullying and Damaging Valuables. Thus, the three patterns of bullying behavior were revealed according to our culture. The results showed that as the bullying experience increases, mental health problems also increase and the level of self esteem decreases.