

Abstract

Cancer has adverse impact on various aspects of an individual's life. The present study aims to explore the effect of Grit, Post Traumatic Growth and Social support on Quality of Life of patients. Participants included 150 cancer patients including 70 males ($M(\text{age}) = 1.66$, $SD = .70$) and 80 females ($M(\text{age}) = 1.56$, $SD = .60$), age from 21-75 recruited from government hospitals and diagnostic labs of Lahore. Data were collected from these participants using Grit-S scale, Post Traumatic growth Inventory, Multidimensional scale of Perceived Social Support and Quality of Life scale. The results of independent sample t-test indicated significant mean differences in terms of post traumatic growth. The results of stepwise regression indicated that grit, social support, SES and time since diagnosed accounted for 41 % of variance in quality of life. The result of mediation analysis indicated that social support act as a mediator between grit and quality of life. The results can be helpful for individuals working in clinic and research setups.