

Abstract

The present study was designed to investigate the relationship between relationship satisfaction, self-silencing and irrational romantic beliefs among married individuals. The survey designed study was conducted with the ($N=300$) married individuals. A purposive convenient sampling technique was used to collect data from the sample 150 men and 150 women. The data was collected from some households and shops in Lahore. Correlation analysis was run to see the relationship between the study variables. The reliabilities of all the variables were high (>0.80). The correlations were significantly strong between all the study variables. The linear regression showed 20% variance on the outcome variable i.e. relationship satisfaction. The t-test analysis showed significant difference between individuals in love marriage and arrange marriage. The analysis also showed significant results for people involved in marital fidelity and people loyal in their marriage. However gender and family system showed difference but the values were not significant. The ANOVA results showed insignificant results for number of children, marriage duration, age and socioeconomic status.