

Abstract

The aim of research was to study how perceived parenting styles affect drug addict's responses to life stressors in term of their frustration intolerance and resilience ability and how resilience and frustration tolerance ability are likely to play their role in affecting their level of impulsivity that may lead them to involve in addiction more severely. The tools of investigation employed were Perceived Parenting Style Scale, Indigenous Resilience Scale, Frustration Discomfort Scale, Barratte Impulsiveness Scale and Drug Abuse Screening Test for total sample of 100 drug addicts. Whereas Pearson Correlation Co-efficient, Stepwise Multiple Linear Regression Analysis, Independent Sample t-test and One Way Analysis of Variance were used as data analysis strategies. Results revealed that parenting styles (of permissive & authoritative domains) both had significant positive relationship with resilience and significant negative relationship with impulsivity. Whereas maternal nurturance (authoritative domain) had negative relationship with frustration intolerance beliefs suggesting an important role of good quality parenting styles in fostering positive outcomes like resilience and reducing negative measures like impulsivity and frustration intolerance beliefs. Whereas significant relationships found between resilience and impulsivity, impulsivity and frustration intolerance and frustration intolerance and addiction severity. Emotional intolerance was significantly predicted addiction severity whereas resilience, perceived parenting and frustration intolerance sub-scales found to be significantly predicting impulsivity level. Impact of socio-demographics on study variables were investigated and implications for future research were also discussed in light of current findings while enlightening the importance of good quality parenting skills and deducing a management plan for fostering positive outcomes and protecting against negative measures for addressing addicts parenting and beliefs issues were also enlightened.