

Abstract

The present study aimed to explore the expectations and challenges of institutionalized and non-institutionalized elderly persons. A purposive sampling technique was used to recruit the participants. The sample of the study consisted of (N=8) elderly persons. 4 were institutionalized and 4 were non-institutionalized. The age range of the participants was between 60-80 years. A Semi-structured interview guide was prepared to explore expectations and challenges of institutionalized and non-institutionalized elderly persons. The interviews were audio-recorded and later on transcribed verbatim for a detailed in-depth analysis. The interviews were analyzed by using an Interpretative Phenomenological Analysis (IPA). Emergent and sub-ordinate themes were emerged. Super-ordinate themes emerged after analysis were Expectations from Self, Expectations from Immediate Family, Expectations for Betterment in Life, Expectations from Society, Challenges related to Physical Self, Psychological Challenges, Difficulties due to Immediate Family, Problems at a Societal Level, Satisfactory Behavior of Children, Supportive Family, Satisfaction from Society, Positive Values in Old Age, Striving for Betterment in Life, Health Promoting Behaviors. These themes were interpreted in the context of given sub-ordinate themes and verbatim of the participants. This study will help in implementing proper strategies for the betterment of both institutionalized and non-institutionalized persons.

Key words: expectations, challenges, institutionalized, non-institutionalized, elderly persons