

Abstract

The present study examined the relationship between self presentation, body image, fear of evaluation and psychological distress in males. The aim of study was to find out the relationship, predictability, mediating roles and differences among demographics, perfectionistic self-presentation, body image concerns, fear of negative evaluation and psychological distress in a sample of 90 males with androgenetic alopecia. Convenient sampling technique was used to collect data from online pages and hair transplant centers. The Perfectionistic Self-Presentation Scale, Body Image Concerns Inventory, Brief Fear of Negative Evaluation and Psychological Distress Scale were used for assessment. Results showed that perfectionistic self-presentation, body image concerns, fear of negative evaluation and psychological distress were significantly positively correlated with each other. It also illustrated that perfectionistic self-presentation, body image concerns and fear of negative evaluation were significant positive predictors of psychological distress. Further, findings indicated that both body image concerns and fear of negative evaluation positively mediated the relationship of perfectionistic self-presentation and psychological distress. Furthermore, analysis suggested that unmarried males with androgenetic alopecia experienced more fear of negative evaluation and psychological distress as compared to married males. The findings broader the prior work in order to deal and cope with androgenetic alopecia and serve an important implication for designing counseling plan for these individuals.