

## Abstract

The current study aimed to explore how cemetery workers made sense of their experiences at cemeteries and what strategies they incorporate in dealing with the everyday deaths of people. The sample was identified based on the purposive sampling technique. The sample included three cemetery workers (N=3) with age range of 17-60 years from Lahore. A semi-structured interview was conducted to explore and get an understanding of the intrapsychic and external experiences of these workers. The interviews were audio-recorded and then the transcriptions of these interviews were done to provide the verbatim for thick and rich description of the phenomena. The analysis was done through a qualitative design called Interpretative Phenomenological Analysis (IPA). The analysis generated subordinate and superordinate themes in results. The subordinate themes emerged from each case and were then encapsulated into the broader superordinate themes i.e., fear of death, workplace problems, uncanny meaningful experiences, coping with fear, relating with the deceased, and spirituality. The study concluded that cemetery workers are susceptible to mental health issues as they oscillate between anxious and depressive features, hence, require psychological assistance.