

Abstract

The present research was conducted to explore the role of emotional intelligence in burnout and clinical competence in female nurses. As in the nursing profession the nature of this profession considered as emotive and this study also assumed that emotional intelligence is an important individual's ability or factor that can effect burnout and clinical competence of nurses. Nurses working in emergency, gynae, psychiatric and general medical ward having experience of 1 to 30 years. 150 nurses were selected as a research participants working in four different departments. Stratified random sampling technique was used to collect the data. The scales used in the research to collect data were The Scale of Emotional Intelligence ((Batool & Khalid, 2009), Oldenburg Burnout Inventory (OLBI) (Demerouti et al, 2003) and The Nurse Competence Scale (Meretoja, 2004). The data was statistically analyzed by using Independent Sample t-test, Pearson Product Moment Correlation, Stepwise Multiple Regression and Mediation to find out the mediation effect of burnout on emotional intelligence and clinical competence. The results of the present study depicted that nurses with high level of Emotional Intelligence experience less burnout and their clinical competencies also remain on the high level. As on the other hand nurses with low level of Emotional Intelligence are more prone to emotional Burnout and their clinical competence level also decreased. Results revealed that nurses with more years of experience have low level of burnout and their competence level remain high as compared to the nurses with less experience. The results of the present study also depict that burnout act as a mediator between Emotional Intelligence and Clinical Competence, Burnout effects the Emotional intelligence negatively and clinical competence in nurses decreased.

Keywords: Emotional Intelligence, Burnout, Clinical Competence,