

Abstract

The aim of the study was to find out the Psychological Pain among Women with Breast Cancer. It is a study based on multi-dimensional model of pain and its behavioral ramification. A sample of 60 women suffering from Breast Cancer and seeking Chemotherapy sessions were recruited from INMOL Hospital of Lahore. The participants were assessed on Pain Assessment Battery (Eimer, 1998). The battery has 18 subscales measuring various psychological, behavioral, and temporal pain aspects. The results revealed that Psychological maladjustment is moderately significantly correlated with Behavioral interaction. There are non-significant differences in the level of depression and coping among the sufferers of Breast Cancer living in Nuclear and Joint family system. Significant difference ($p < .00$) is found in the Quality of life (Personal and Social life changes) and Health Related Behaviors (Sleep and dietary habits) among women with breast cancer. Results revealed significant relationship ($p < .01$) between Beliefs of the patients (such as paranoia, hope, alienation, feelings of unjust, blamed for illness) and the pain they bear (both physical and psychological). It is concluded that sufferers of Breast Cancer faced psychological maladjustment and distress related to financial problems during the phase of their treatment respectively, as well as Quality of Life is also compromised by change in Health related Behaviors by illness. Moreover, education is holding an important position as it determines the level of coping through getting advanced knowledge about disease and treatment adherence, Whereas, marital status of the sufferers also play a vital role in getting psychologically motivated to fight with the life threatening disease like Breast Cancer.

Key words: *Psychological, pain, women, breast cancer*