

## **Abstract**

The present study was aimed at exploring the ethical and moral dilemmas faced by mental health practitioners. A combination of non-probability purposive sampling and snowball sampling was used. The sample of the study consisted of 8 (N=8) clinical psychologists. A semi-structured interview protocol was developed and reviewed by expert clinical psychologists. The duration of each interview was on average 40 minutes. The interviews were audio-recorded with the permission of the participants and later transcribed for a detailed analysis. Thematic Analysis (TA) was carried out on the transcribed interviews to extract themes and sub-themes. Five major themes were identified which are; *Defying the Inviolability of Therapist-Client Relationship, Difficulty in Provision of Best Services, Structural Issues, Religion Based Dilemmas and Confidentiality*. These themes were further categorized into sub-themes. The future implications of this research lay in bringing the ethical and moral dilemmas due to structural issues faced by mental health practitioners to the notice of administrative authorities so that necessary steps can be taken. Moreover, the areas where practitioners experience shortcomings were also highlighted so that they can be worked on. Another important aspect that was brought to attention as a result of this research was the religion based dilemmas.

*Key words: ethical, moral, dilemmas, mental health practitioners*