

Abstract

An intervention study was conducted which focused on introducing forgiveness in female acid burn victims towards their perpetrator. A total of 8 female acid burn victims were selected for the study. These women were from rural and urban areas between the ages of 23 to 35 years. The duration since their attack was 2 to 10 years. A randomized experimental and control group design was used in the study. They were randomly assigned to experimental and control groups. The experimental group was immediately provided intervention. Each participant met the therapist individually twice in a week. The average length of the intervention for the 8 participants was about 4 months. For intervention, the process model of forgiveness was used. The dependent variables of the study were forgiveness, anger, depression, anxiety and hope. The data was assessed from three pretests and three posttests. After the intervention the experimental group significantly improved more than the control group in forgiveness and hope and it showed a significant reduction in anger, anxiety and depression.

Keywords: Forgiveness, Anger, Hope, Acid burn victims