

Abstract

The present study examined the effects of Pessimism, Depressive symptoms, Cognitive failure and psychological adjustment in alcoholics. It was hypothesized that there is likely to be positive relationship between cognitive failures, psychological maladjustment, pessimism, and depressive symptoms in alcoholics. Cognitive failure is likely to be predictor of psychological maladjustment, pessimism and depressive symptoms in alcoholics. A sample of 33 men and 4 women, with age of 18 years to onwards be recruited from the population by using snowball sampling technique, who use and are the regular drinkers of alcohol. A comparison group of men(N=33) and women(N=4) who do not use alcohol with the matched age, gender and socioeconomic status were taken. Cognitive Failure Questionnaire (Broadbent, Cooper, Gerald & Parkes;1982), Personality Assessment Questionnaire (PAQ by Ronner, 2005), Life Orientation Test (Scheier & Carver ;1985) and Centre For Epidemiological Scale For Depression Scale (CES-DR; Redloff, 1976) were used as assessment measures. Results of the study showed that there is a significant relationship between Cognitive failure, Personality maladjustment and Depressive symptoms. The findings of the study emerged out Cognitive Failure as a predictor of Personality maladjustment and Depressive symptoms. Implications of the study along with strengths and limitations of the current study are discussed.