Abstract

The present study examined the effects of Pessimism, Depressive symptoms, Cognitive failure and psychological adjustment in alcoholics. It was hypothesized that there is likely to be a positive relationship between cognitive failures, psychological maladjustment, pessimism, and depressive symptoms in alcoholics. Cognitive failure is likely to be a predictor of psychological maladjustment, pessimism and depressive symptoms in alcoholics. A sample of 33 men and 4 women, with age of 18 years to onwards be recruited from the population by using snowball sampling technique, who use and are the regular drinkers of alcohol. A comparison group of men(N=33) and women(N=4) who do not use alcohol with the matched age, gender and socioeconomic status were taken. Cognitive Failure Questionnaire (Broadbent, Cooper, Gerald & Parkes;1982), Personality Assessment Questionnaire (PAQ by Ronner, 2005), Life Orientation Test (Scheier & Carver ;1985) and Centre For Epidemiological Scale For Depression Scale (CES-DR; Redloff, 1976) were used as assessment measures. Results of the study showed that there is a significant relationship between Cognitive failure, Personality maladjustment and Depressive symptoms. The findings of the study emerged out Cognitive Failure as a predictor of Personality maladjustment and Depressive symptoms. Implications of the study along with strengths and limitations of the current study are discussed.