

Abstract

This study was conducted to investigate the association between quality of life, traumatic life events, psychological distress and its effects on the academic achievement of the students who belonged to single-parent families and intact families. The sample for this study was comprised of 163 (male=74, female= 89) students both from single-parent families and intact families. Data was collected with the help of an online data collection method using Google forms. The scales which were used in the present study were, WHOQOL bref (World Health Organization. Division of Mental Health., 1996), Life Event Checklist V (Weathers et al., 2013) and Kessler distress scale (Kessler et al., 2002). Results showed significant relationships among quality of life, psychological distress, traumatic life events and academic achievement of students. Moreover, significant effects of multivariate analysis of Quality of life, Psychological distress and Traumatic life events was seen with grades, family system, education, are parents separated or divorced, separation or divorce time, in case of separation or divorce living with and is the student living with them with their own choice. ANOVA and T-test showed that the academic achievement of students who lost their mothers was affected more as compared to the students who lost their father. Furthermore, divorce among parents affected the academic achievement of students more as compared to the separation among parents. From the regression analysis it was seen that gender and environmental (subscale of quality of life scale) are positive predictors of academic achievement while age and LEC 3 (third part of Life Event Checklist) were the negative predictors of academic achievements.