

### Abstract

The present study aim to investigate the relationship between repressive defensive coping, identity confusion and social stress among non suicidal self injury patients in psychiatric population. It was hypothesized that there were likely to be a negative relationship between repressive defensive coping, identity confusion and non suicidal self injury where as there was positive relationship with social stress and non suicidal self injury. Between group cross sectional research design was used to collect the data of 70 participants (Men=27 and Women=43) with age ranging from 20-35 (Mean age=27.3, S.D=4.9). Data was collected from Government and Private sector hospitals. Following tools were used in the study to measure study variables Ottawa Self Injury Inventory (OSI) (Nixon & Cloutier, 2005), Rational/ Emotional Defensiveness Scale (R/ED) (Swan, Carmelli, Dame, Rosenman & Spielberger, 1991), Brief Fear of Negative Evaluation (BFNE-II) (Carleton, Collimore & Asmundon, 2007) and Erickson Psychosocial Stage Inventory (EPSI) (Rosenthal, Gurney & Moore, 1981). The data was analyzed using descriptive statistics, pearson product moment correlation, multiple regression analysis, independent sample t-test and one way ANOVA. Results revealed that repressive defensive coping and identity is negatively related to NSSI while social stress was positively related to NSSI. Prediction analysis revealed that anti emotionality, identity synthesis, confusion and social stress were significant predictors of non suicidal self injury.

*Keywords:* Non-Suicidal self injury, Repressive-defensive coping, Identity confusion and Social Stress.