

Abstract

The main objective of this study is to have deep insight about the manifestation of hysterical symptoms and how it affects personal, social and marital life of males diagnosed with Functional Neurological disorder. It was achieved by using grounded theory approach. Through Purposive sampling, six men (N=6) (under diagnostic label of Functional neurological disorder) were selected based on inclusion and exclusion criteria from the department of Adult Psychiatry, Mayo Hospital, Lahore and the department of Adult Psychiatry, Sir Ganga Ram Hospital, Lahore. Interview guide was formed to have insight about hysterical symptoms exhibited by males via semi structured interview protocol. Six categories were developed including bodily symptoms, paradox of control, mind-body conflict, disconnection from self and world, engaging in a battle and sexual incompetency. Briefly, the theory that emerged posits that people with FND not only show physical or bodily symptoms but there are other aspects which are equally important and must be addressed. People with FND feel both in control and not in control of their mind, body and social. They also reported mind-body conflict and how they find themselves in dilemma in understanding them and their surrounding resulting in developing a sense of disconnection. Contrary to it, they are struggling to maintain their true identities intact. They are involved in a continuous battle in a way that their mind, bodies and other people are related. Interestingly, it has been observed that all the participants have pent-up frustration due to their body symptomatology but people who are married tend to have more sexual frustration. They find themselves drained with their bodily symptoms and its reactions. So it can clearly be seen that hysterical symptom have great impact on people's (diagnosed with Functional Neurological disorder) personal, social and marital life.

Keyword: Male-hysteria, Males under diagnostic lable of FND, Effects of FND on life