

### **Abstract**

Perceived parenting styles and cognitive errors are related to mental health problems in children. A 100 items cognitive errors scale with acceptable psychometric properties, was administered to 600 school children (300 boys and 300 girls) along with demographic Performa, The Parent Child Relationship Scale (PCRS) and The School Children Problem Scale (SCPS, Mahmood & Saleem, 2011). Factor analysis of CES showed a 6 factor solution namely Mind Reading, Fortune Telling, Self-labeling, Maximization, Minimization and Should/Must statements. Regression analysis showed that perception of closeness in parent child relationship is negatively predicting the cognitive errors in children and on the other hand, the perception of rejection and distance is the positive predictor of cognitive errors. All cognitive errors were also found to have positive relationship with mental health problems. The significant difference was found on demographic variables on parenting styles, cognitive errors and mental health problems. Results are discussed in term of cultural context and counseling implications in school settings.