

Abstract

The current study investigated the relationship among spirituality, introversion/extraversion, life orientation and academic achievement of university students. Sample of 600 university students (300 males and 300 females) were taken from three government and three private universities of Lahore by using stratified random sampling. The instruments used in this study were Spiritual Assessment Inventory (SAI), Life Orientation Test Revised (LOT-R) and Extraversion/Introversion subscale of IPIP (International Personality Item Pool). Data regarding academic achievement of students was collected in the form of CGPA. Data was analyzed statistically by using Pearson Product Moment Correlation, Independent Sample t-test and Regression Analysis. A significant positive correlation was found among realistic acceptance of God, awareness of God, optimistic life orientation, extraversion and academic achievement of university students. Significant negative correlation was found among instability in an individual's association with God, disappointment with God and academic achievement of students. Moreover, significant positive correlation was found among awareness of creator, realistic acceptance of God, optimistic life orientation and extraversion. Females were found to have high academic achievement and high level of awareness and realistic acceptance of God as compare to males. Furthermore, Optimistic life orientation was explored as mediator between extraversion personality trait and realistic acceptance of God.

Keywords: realistic acceptance of God, awareness of God, optimism, extraversion academic achievement, students