

Abstract

The present study investigated psychological needs, cognitive emotion regulation and life satisfaction among orphanage children and adolescents (8-17 years). Sample of orphanage residents ($N=372$) was taken from three orphanages type, SOS ($N=128$), Pakistan Sweet Home ($N=123$) and Local orphanage ($N=121$). Both male and female participants were included in sample. Basic Psychological Need Satisfaction and Frustration Scale- Child version (BPNSFS) (Van der Kaap-Deeder et al., 2015), Cognitive Emotion Regulation Questionnaire-Kids (CERQ-k) (Granefski, Rieffe, Jellesma, Terwogt & Kraaij, 2007) and Student Life Satisfaction Scale (SLSS) (Huebner, 1991) were used as measures. Basic Psychological Need Satisfaction and Frustration Scale- Child version (BPNSFS) (Van der Kaap-Deeder et al., 2015) and Student Life Satisfaction Scale (SLSS) (Huebner, 1991) were translated into Urdu. Data was statistically analyzed by Correlation, Regression, ANOVA, t-test, MANOVA, Tukey's HSD Post Hoc Test and Moderation. Significant relationship was found between basic psychological need satisfaction and frustration, cognitive emotion regulation and life satisfaction. Autonomy satisfaction and relatedness satisfaction significantly positively while relatedness frustration and catastrophizing significantly negatively predicted life satisfaction. Additionally difference in rumination and positive refocusing was explored across gender. Psychological needs and life satisfaction had non significant difference across gender. Life satisfaction and relatedness satisfaction was significantly higher in SOS and Pakistan Sweet home residents than local orphanage residents. Catastrophizing significantly moderate relationship between autonomy satisfaction and life satisfaction, while self blame served as moderators between competence satisfaction and life

satisfaction. Findings may be implicated for counseling of orphans and provision of better environment in orphanages.

Key words: Psychological Needs, Cognitive Emotion Regulation, Life Satisfaction, Orphanage