

Abstract

Current study investigated sexual frustration, family support and anger expression in clinical and non-clinical population. There were total 180 participants and sample consisted on Bipolar "I" (n=60), Major depressive disorder (n=60) and normal (n=60) married people respectively. Each group contain male (n=30) and females (n=30) out of 60 participants. Quality of Sex Inventory (QSI; Shaw & Rogge, 2016), Multidimensional Social Support Scale (MSSS; Tonsing, Zimet & Tse, 2012), Clinical Anger Scale (CAS; Snell et al. 1995) were used to assess sexual frustration, family support, anger expression. Quality of Sex (QSI) was translated into Urdu language. Results show that there is relationship between sexual frustration, family support and anger expression. Furthermore, the relationship existed between study variables and demographic variable i.e. monthly family income. Sexual frustration has been found to play a vital role in manifestation of anger expression. Family support and monthly family income is strongly negatively related with anger expression. It was also revealed that variation in sexual non-frustration, sexual frustration and family support on the basis of type of disorder. There was significant variation of sexual non-frustration, sexual frustration and family support among patients of Major Depressive Disorder (MDD), Bipolar "I" and normal population. Clinical population has low sexual non-frustration and high sexual frustration with low family support while non-clinical population shows high sexual non-frustration and low sexual frustration with high family support. There were significant gender differences shows males were high on sexual non-frustration with high family support then females while females were high on sexual frustration with low family support than males

Keywords: Sexual Frustration, Sexual Non-Frustration, Family Support, Anger Expression