

## **Abstract**

The present study observed the interpersonal curiosity, gossip tendencies, screen addiction and psychological distress in youth. A Purposive and Convenient sample of 200 youth, with the distribution of males 69 (37.3%) and females 116 (62.7%) with an age range of 16 to 24 was taken. Interpersonal Curiosity Scale ([Litman & Pezzo, 2007](#)) Tendency to Gossip Questionnaire ([Nevo, Nevo and Derech-Zehavi, 1993](#)) and Multiple Screen Addiction Scale ([Saritepeci, 2020](#)) were used. The results indicated the significant findings of study variables with psychological distress. Significant correlation were found between interpersonal curiosity, gossip tendencies, screen addiction and psychological distress. Multiple Regression analysis showed interpersonal curiosity and multiple screen addiction were found to be the significant predictors of psychological distress. The value of  $R^2$  indicated that Spying and Prying and Snooping explained 18% variance, Loss of Control and Compulsive Behavior explained 28% variance in psychological distress and internet addiction explained 27% variance in psychological distress. The present study concluded that interpersonal curiosity, gossip tendencies, screen addiction contributed to psychological distress.

**Keyword:** Psychological Distress, Multiple screen addiction, Interpersonal curiosity, Gossip tendencies