

Abstract

The aim of the study was to explore the relationship between perceived psychological stress, burn out (exhaustion, disengagement), moral judgment (MJT) and acting out tendencies among police constables (16-55 years). Sample of the police constables (N=250) was taken from 5 different cities (Sheikhupura, Lahore, Kasur, Narowal and Farooqabad) of police departments. Perceived Psychological Stress developed by Sheldon. Oldenburg Inventory (OLBI), Aggression test by Adria Fael and Moral Judgment Questionnaire (MJT) by Graham were used for the assessment in police constables. The results indicated that there is significant relationship between perceived psychological stress and moral judgment in police constables. The results also indicated that perceived psychological stress and acting out tendency are likely to predict moral judgment in police constables. However, it also indicated that the income is positively correlated with the perceived psychological stress and acting out tendencies among police constables. The current study sheds light on the psychological stress that police constables face due to their challenging duties and lack of support from the concerned authorities.