

Abstract

The aim of the study was to explore the relationship between interpersonal problems, optimism and copying styles among women with conversion disorder (11-60 years). Sample of the conversion women (N=50) was taken from different hospitals (Services, Ganga Ram, Mayo, Jinnah and Punjab Institute of Mental Health) of Lahore. Interpersonal problems 9IPP-32) developed by Horowitz, Life orientation Revised (LOT-R), Optimism test by Scheier & Carver in 1992 and Brief cope scale by Carver 1997 translated version were used for the assessment of copying styles of conversion women. The results indicated that there is significant relationship among these variables in conversion women. Conversion problem is more common among adolescence and young age women. The results also indicated inverse relationship between interpersonal problems and optimism. Results highlighted most of the women with conversion problem are belonged to lower socio economic background and are less educated. However, it also indicated that interpersonal problems are higher among unmarried and nuclear family system living conversion women. Results also show that optimism and pessimism are the significant predictors of copying styles and interpersonal problems. The level of optimism between working and non-working conversion women is found same but results indicate slight difference on the basis of family system. The current study sheds light on the stressful life events due to them women developed problems like conversion which further leads to interpersonal problems and lower level of optimism.

Key words: Interpersonal problems, Optimism, Copying styles