

Abstract

The present study aimed at exploring the predictors of academic motivation of adolescents by analyzing the academic efficacy, academic hope and grit. The sample consisted of 1581 students from nine towns of Lahore through area probability sampling. The data was collected by using demographic questionnaire, Academic Efficacy Scale, Academic Hope Scale, Grit Scale and Academic Motivation Scale. Pearson Product Moment Correlation analysis showed the existences of positive relationship between academic efficacy, academic hope, grit and intrinsic and extrinsic academic motivation. However, they all shared negative relationship with a-motivation. Stepwise Regression Analysis displayed four models in which academic efficacy, academic hope and grit along with the subscale of academic hope (pathway) predict academic motivation and contributed variance of 24%, 37%, 38 % and 39% in intrinsic academic motivation through four different models. Also, the Stepwise Regression Analysis for extrinsic academic motivation showed three models as the best predictors in which academic efficacy, academic hope and grit contributed variance of 22%, 34%, and 36% in three different models. Moreover, it is found that participation in sports and extracurricular activities along with parental education and gender affect the level of academic motivation in students. However, the single parenting status showed no affect on academic motivation. This research has specifically focused on the positive psychology of school students therefore, providing a sufficient literature to work on the motivation level of students with less risk.

Key words: students, academics, motivation, hope, grit