

### **Abstract**

The present study was conducted to explore the relationship of Cell Phone Addiction with Psychological Need Satisfaction, Perceived Social Support and Emotion Expression in adolescents addicted to cell phones. Correlational research design was approached. The sample consisted of 700 adolescents (352 = boys, 348 = girls) who were screened out from 1000 adolescents for cell phone addiction. Age range of the respondents was 13 to 17 years who were selected from nine different Private and Public sector schools of Lahore. The measurements included Cell Phone Addiction Scale, Multidimensional Perceived Social Support, Basic Psychological Needs Satisfaction and Frustration Scale and Emotion Expression for Children Scale. The results revealed that there was a significant inverse relation between lack of Psychological Needs Satisfaction, Emotion Expression and Perceived Social Support on cell phone addiction in adolescents. The Multiple Linear Regression analysis revealed that Psychological Need Satisfaction and Emotion Expression significantly predicted cell phone addiction among adolescents. Overall, the model was significant predictor of cell phone addiction.