

Abstract

The aim of the current research was to find out the relationship between religious orientation, self-concept and Psychological well-being in adolescents. It was hypothesized that there would be significant positive relationship between Religious Orientation, Self Concept and Psychological Wellbeing in adolescents and Religious Orientation would be mediator between Self-concept and Psychological Well-being. For this purpose sample of 100 adolescents (50 boys and 50 girls) students were selected through online medium. Adolescents from age 14-19 were participated in the study. Three measures including Religious Orientation Scale, Self-Concept and Psychological Well-being were administered in translated version for student convenience and these measure were translated Asia, Malik and Ghous (Religious Orientation Scale), Gull (Personal Self-concept Scale) and Manzoor (psychological Well-being Scale). Data was statistically analyzed by running Pearson product moment correlation, independent sample t-test and linear regression test. Results of Pearson correlation indicated that there religious orientation; self-concept and psychological well-being had high significant positive correlation. Results of independent sample *t*-test indicated gender difference that boys were more religious oriented, have good psychological well-being and better self concept than girls. Result of regression was revealed that religious orientation was the mediator between self-concept and psychological well-being.