

Abstract

It is a cross sectional research to study relationship between Psychological Distress, Psychological Adjustment and Psychopathic traits among day scholars children of boarding school. There were 300 participants, N=300 (n=150 day scholars & n=150 children of boarding schools). Kessler Distress Scale was used to measure psychological distress, Personality Assessment Questionnaire used to depict psychological adjustment and Youth Psychopathy Inventory used to check psychopathic traits in day scholars and boarders. Results revealed that there is a positive relationship between psychological distress, psychopathic traits and psychological adjustment in day scholars. Contrarily in boarders, there is negative correlation of psychological adjustment with psychopathic traits and psychological distress. In boarding school children, psychological adjustment is significant negative predictor of psychological distress whereas psychological adjustment is significant positive predictor of psychopathic traits among day scholars.

Keywords: Psychological Distress, Psychological adjustment, Psychopathic traits.